LUNCH MENU

THE KEEP TAVERN & INN

Appetizers

Soups

PRETZEL BITES

\$10.95

Served with house cheese or honey mustard

NACHOS

\$10.95

Tortilla chips, cheese sauce, beans, tomato, pickled onion, sour cream, BBQ drizzle ADD Chili \$3.00

BUFFALO CHICKEN \$11.95

Served with tortilla chips, celery

WHIPPED FETA DIP \$11.95

Served with toasted ciabatta

Salads

Add shredded chicken to any salad \$3.00

CHEF SALAD

\$11.95

Mixed greens, ham, swiss, cheddar, tomato, red onion, croutons

MIXED BERRY & GOAT

\$11.95

Mixed greens, seasonal berries, goat cheese, red onion, glazed pecans

LARGE HOUSE

\$10.95

Mixed greens, tomato, onion, mozzarella, croutons

HOUSE MADE DRESSINGS

Ranch, Honey Mustard, Blue Cheese, Italian, Honey Mustard Vinaigrette, Balsamic, Thousand Island

WEEKLY SOUP SPECIAL

CHILI

Topped with colby, sour cream, green onion

CUP

\$5.95

BOWL

\$8.95

Sandwiches & Paninis

Served with chips and a side Add soup as a side for \$2

ITALIAN PANINI

\$13.95

Ham, salami, pepperoni, banana peppers, tomato, aioli

HAM & SWISS

\$13.95

PANINI

Ham, swiss, tomato, chipotle mayo

CHICKEN SALAD

\$12.95

Chicken salad served on a croissant

HAM & CHEDDAR

\$12.95

Ham, Cheddar, Tomato, Chipotle Mayo, Croissant (Cold Sandwich)

GRILLED CHEESE

\$10.95

Cheddar or Swiss

BRATWURST

\$10.95

Add kraut or sauteed green pepper & onion \$2.00 each

THE KEEP TAVERN & INN

Lunch Combos

Lite Bite/Kids

Served with chips Choose two of:

\$12.95

1/2 SANDWICH

Italian Panini, Ham & Swiss or Grilled Cheese

1/2 SALAD

Chef, Mixed Berry Goat, or Large House

SOUP

Chili or Weekly Special

Sides

PASTA SALAD \$4.25

SALAD \$4.25

Mixed greens, cheese, tomato, onion, crouton

FRUIT SALAD \$3.95

COLESLAW \$3.95

APPLESAUCE \$2.50

CHIPS \$2.50

Served with chips, applesauce or fruit

GRILLED CHEESE \$8.95

Cheddar or Swiss

PB&J \$7.95

Dessert

\$8.95

RAMEKIN S'MORES

Milk Chocolate or Reeses

Drinks

Coke, Diet Coke, Coke Zero, \$3.49 Sprite, Dr. Pepper, Lemonade,

Sweet & Unsweetend Tea

Raspberry Tea & Lemonade \$3.89

Coffee \$1.99

****All of our meats, produce, and cheeses are sourced locally and delivered fresh three times a week through Lanning's Foods.

DINNERMENU

THE KEEP TAVERN & INN

Appetizers

Soups

PRETZEL BITES

\$10.95

Served with house cheese or honey mustard

NACHOS

\$10.95

Tortilla chips, cheese sauce, beans, tomato, pickled onion, sour cream, BBQ drizzle ADD Chili or Pork \$3.00

BUFFALO CHICKEN \$11.93

Served with tortilla chips, celery

WHIPPED FETA DIP \$11.95

Served with toasted ciabatta

Flatbreads

CAPRESE

\$14.75

Herb oil base, roma tomatoes, sun-dried tomatoes, fresh mozzarella, feta, basil, balsamic glaze drizzle

HOT HONEY PEPPERONI RICOTTA \$14.75

Herb oil base, tomato sauce, pepperoni, mozzarella, ricotta, basil, hot honey drizzle

BUFFALO CHICKEN \$14.75

Herb oil base, buffalo chicken, mozzarella, ranch, green onion

WEEKLY SOUP SPECIAL

CHILI

Topped with colby, sour cream, green onion

CUP \$5.95 BOWL \$8.95

Sandwiches & Paninis

Served with chips and a side Add soup as a side for \$2

ITALIAN PANINI

\$13.95

Ham, salami, pepperoni, banana peppers, tomato, aioli on ciabatta

HAM & SWISS PANINI

\$13.95

Ham, swiss, tomato, chipotle mayo on sundried tomato bread

PULLED PORK PANINI

\$13.95

Pulled pork, swiss, pickled onion, BBQ on ciabatta

CHICKEN SALAD

\$12.95

Chicken salad served on a croissant

GRILLED CHEESE

\$10.95

Cheddar or Swiss

BRATWURST

\$10.95

Add kraut or sauteed green pepper & onion \$2.00 each

THE KEEP TAVERN & INN

Salads

Add shredded chicken to any salad \$3.00

CHEF SALAD

\$11.95

Mixed greens, ham, swiss, cheddar, tomato, red onion, croutons

MIXED BERRY & GOAT

\$11.95

Mixed greens, seasonal berries, goat cheese, red onion, glazed pecans

APPLE & FETA

\$11.95

Mixed greens, apple, feta, cranberries, candied pecans

LARGE HOUSE

\$10.95

Mixed greens, tomato, onion, mozzarella, croutons

HOUSE MADE DRESSINGS

Ranch, Honey Mustard, Blue Cheese, Italian, Honey Mustard Vinaigrette, Balsamic, Thousand Island

Dessert

RAMEKIN S'MORES

\$8.95

Milk Chocolate or Reeses

****All of our meats, produce, and cheeses are sourced locally and delivered fresh three times a week through Lanning's Foods.

Lite Bite/Kids

Served with chips, applesauce or fruit

FLATBREAD

\$8.95

Cheese or Pepperoni

GRILLED CHEESE

\$8.95

Cheddar or Swiss

PB&J

\$7.95

PASTA SALAD

\$4.25

SALAD

\$4.25

Mixed greens, cheese, tomato, onion, crouton

FRUIT SALAD

\$3.95

COLESLAW

\$3.95

APPLESAUCE

\$2.50

CHIPS

\$2.50

Drinks

Coke, Diet Coke, Coke Zero, Sprite, Dr. Pepper, Lemonade,

\$3.49

Sweet & Unsweetend Tea

\$3.89

Raspberry Tea & Lemonade

Coffee

\$1.99